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KELLY JO BRAWLEY, PA-C

Dear Doctor,

As a board certified family physician for 38 years, I have seen patients who do not respond adequately to current therapies. My passion for the last 30 years has been researching this diagnostic dilemma. Decades ago a family relative of mine experienced debilitating back pain. As his symptoms became more severe he was led to the office of a chiropractor who utilizes protocols set forth by the National Upper Cervical Chiropractic Association (NUCCA). This procedure is a gentle, non-force high neck correction that utilizes pressure that is barely discernable. After one treatment his back symptoms were alleviated.

As prejudiced as I was at the time, the resolution of his back symptoms so impressed me that I referred to this same practitioner multiple patients who had failed to respond to traditional back pain treatment. What I observed as the result of this treatment was truly impressive yet unexplainable to me. These patients not only demonstrated alleviation of their back pain, but many other abnormal symptoms responded positively as well. Over the next 15 years I researched this success exhaustively and concluded that the reason patients responded to the treatment was the improvement in the blood supply to the brainstem and subsequently to the origin of the autonomic nervous system which is located in that part of the brain. We have now proved through the employment of a specific type of MRI scan that autonomic nervous system dysfunction could be corrected by a simple adjustment change in the abnormal position of the first cervical vertebra (C1).

Recently, this work has progressed significantly with the advent of the quantum spinal mechanics (QSM³) protocol, established by a board certified NUCCA doctor. This procedure not only restores autonomic balance by removing pressure at the level of the brainstem, it also takes into account the entire spine including the pelvis. The main concept with this advancement is that QSM³ doctors can decompress a patient's entire body framework, restoring balance and optimal function.

Included in this letter is a screening form I have developed in order that it could be distributed to practices in your area. It is my desire to reach out to patients by offering them hope for resolution of their symptoms related to autonomic dysfunction. Thank you for the opportunity to serve together.

Warmest regards,

Bruce M. Bell, M.D.

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